1:Murphy and Quain E-4,5 (1938) 1955
SP23 Trumai SP23

Diagnosis and Treatment of Disease

Illness was believed to be caused primarily by witchcraft and, secondarily, by the breaking of a taboo or by contagion. Headaches, bloated stomach (*pihl*) and stomach aches were among the common symptoms of bewitchment. The tremendous fear of black magic probably added greatly to the severity of these afflictions. During Quain's stay the women appeared to complain more of sorcery as a cause of their illnesses than did the men, but this self-diagnosis was not always accepted.

Trumaí concepts regarding contagion were generally loose, and they often fused with witchcraft beliefs. Contagion was acknowledged to be a possible cause of illness, but if death followed, it would in all probability be laid to sorcery. The Trumaí knew that epidemics of pulmonary diseases were associated with the coming of white men, and they were especially worried that when the rainy season arrived Quain would give them coughs and fevers. Indeed, one night when Quain complained of illness and retired to his hammock with a headache, this eventuality was vigorously discussed.

The Trumaí called such a threat *tun*, a word that can be translated only as a malignant influence causing disease. *Tun* was said to exist around sick people or in places where there was known to be danger of contamination. Thus, when several of the people of Jakwanari's household were sick, everyone avoided the house, for it was full of *tun*. Aloari said that the waterfront, also, was full of *tun*. He preferred to bathe from a pottery vessel outside his house. Ringworm, however, was known to be caused by natural means.

The word *okei*, while referring to sorcery under certain conditions, was also a general term for medicinal preparations. Thus, *okei* of various kinds were used in different stages of the life crisis rituals and also in the treatment of various ailments. Roots were extensively used for medicinal purposes. Maibu rubbed his wife's head with the extract of a root (*ipox*) when she had a headache. Another root (*murukuyu*) supplied the basic ingredient for eye drops, and still another was prescribed for ringworm.

The Trumaí were subject to severe boils which were treated by piercing. This was a woman's specialty, and it was usually done by the wife or a close relative of the afflicted person. All other curing, both secular and supernatural, was done by men. Herbal medicines were used exclusively for such ailments as ringworm, but most cures involved both botanical and supernatural means used in conjunction.

Illness was treated by both individual curers and group ceremonies. The practice of individual shamanistic curing, known as *jau'kath*, had much in common with similar arts throughout South America. The main techniques employed were tobacco smoke and sucking. Great

1:Murphy and Quain E-4,5 (1938) 1955
SP23 Trumai SP23

upon his parents cohabiting; and they immediately told everyone in the village.

Puberty Rites

Male puberty rites were divided into two periods. The first, which was preparatory, covered about three or four years and consisted of the administration of certain medicines (*okeis*) and body-scraping. The second covered a much shorter period and constituted the actual initiation of the boy into the men's group. The observances, starting when a boy was between ten and twelve years of age, increased in frequency and intensity until his final initiation. The purposes, as expressed by the Trumaí, were to make him grow big and strong, give him courage and fortitude, and mark certain achievements on the road to manhood.

Body-scraping was one of the most important means used to accomplish these ends. Two different types of scarification instruments were in use. One was a sort of comb made of fish teeth imbedded in wood; the other was a polished armadillo claw. The former was used during the early phases of scarification, the latter, during the late phases when the whole body was scraped.

The first scraping was limited to the arms or legs. Kamkuti received his initial scarification on the biceps as an aftermath of shooting his first fish. The scraping, painful though it was, was a reward and a recognition of manly achievement. It was also a test of endurance and resistance to pain, and the boy was admonished against flinching or weeping. Such occasions were the first on which the child was exhorted to be manly and courageous.

When the boy reached biological puberty, the scraping became more severe. Arms, legs, flanks, chest, back, and stomach were all scraped, and the operation must have been most painful. Each boy could expect to have this happen to him a few times during the course of his initiation. Jawaku, Maibu's foster-son, had his first overall scarification while Quain was in residence. This was a prelude to the full initiation rites, through which he was soon to pass. Jawaku was a very timid boy, and significantly lacked the assertiveness that was so much a part of Trumaí personality. Katauka, who was officiating, scraped his legs first, then his back, flanks and arms, ending with a light treatment on his chest and stomach. Jawaku looked extremely unhappy, but he did not cry until Katauka began scraping his back. Maibu held him firmly and told him not to cry, while others scolded him for being a baby.

Before the scarification started Jawaku's body was moistened with water from a nearby pot. After it was finished, Katauka rubbed him completely with the bark of the *aruparukatem* tree. This or the bark of the *fi'i'a* tree (the source of the fish poison previously referred to) were always used to treat the wounds made by scraping.